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Town Guidance for Arboviral Infections

In the event of an arbovirus being present in a community, Maine CDC suggests the following recommendations:

- Draining sources of artificial standing water where mosquitoes can lay their eggs
- Covering exposed skin when outdoors
 - Long-sleeved shirts, pants, and socks
- Using Environmental Protection Agency (EPA) approved repellents
 - DEET, Picaridin, IR3535, or Oil of Lemon Eucalyptus on skin
 - Permethrin on clothing
 - Always follow the instructions on the product's label
- Avoid being outdoors during dawn/dusk when mosquitoes are most active
- Use screens on windows and doors to prevent mosquitoes from entering buildings
 - Repair torn screens
- Consult with an Integrated Pest Management Specialist
 - Specialist can provide information on the use of products to control mosquitoes
- Consider rescheduling outdoor events including:
 - Sporting practices
 - Sports games
 - Any other events that put the public outside during peak mosquito activity

School Specific Information:

All school districts are required to have a District Integrated Pest Management Coordinator. This person should be a school's primary contact for controlling mosquitoes on their properties and should be contacted if an arbovirus is detected in the community.

Maine Municipal Arbo Plan:

The Maine Arboviral (Mosquito-borne) Illness Surveillance, Prevention, and Response Guidance for Maine Towns and Communities, otherwise known as the Municipal Arbo Plan, contains detailed information on arboviral prevention and control methods for local municipalities. The document can be found here: www.maine.gov/dhhs/mecdc/infectious-disease/epi/vector-borne/documents/2019-Arbo-Plan.pdf.

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